

MED-PEDS ALUMNI NEWS

THE UNIVERSITY OF MISSOURI-COLUMBIA

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Hello and Welcome to the University of Missouri Internal Medicine - Pediatrics Alumni Association. As a friend or former graduate of this residency program we are proud to reconnect with you.

The Med-Peds residency program at the University of Missouri is now finishing its eighth year of existence. As a member of the MU Med-Peds Alumni Association, you are forever a part of a dynamic combined training program that is leading the way in ensuring the highest quality of patient care, resident education, and community activism. We want you to know that we carry great pride in the residency program that you helped create. We continue to strive to provide outstanding patient care while pursuing educational excellence. We are also committed to serving the community in which we live.

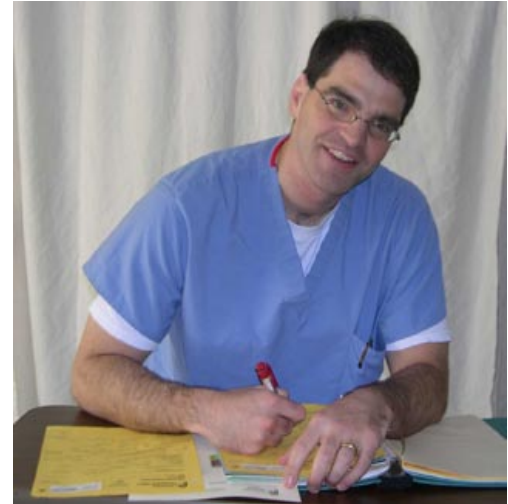
MU Med-Peds residents continue to be well represented in the Alpha Omega Alpha medical honor society - including four current residents. MU Med-Peds graduates have gone on to work and lead in a variety of practice settings. They are pursuing subspecialty fellowship training, working in emergency rooms, serving as hospitalists, providing primary care, and everything in between.

At MU, the Med-Peds program is more committed than ever to the personal development of its residents. Current MU Med-Peds residents are being mentored by Med-Peds trained faculty and fellow residents in the areas of patient care, education, leadership, community service, and research. All current Med-Peds residents are placed into a combined Med-Peds continuity clinic mentored by Med-Peds trained faculty. There are now several combined Med-Peds electives at MU.

The University of Missouri Med - Peds residents are proud to be working with a nationally recognized Center for Patient Safety and Clinical Effectiveness. The Office of Clinical Effectiveness (OCE) was created in 2004 as a quality assurance mechanism for the University Hospital. The OCE works closely with the M.U. resident body to ensure the highest quality of care for the people of Mid-Missouri. The office is being headed up by Les Hall, M.D., Department of Internal Medicine. In 2005, current Med-Peds intern, Russell "Rusty" McCulloh, M.D. ('09), was awarded first place at the annual Clarion Competition at the University of Minnesota. The Clarion Competition is a national event that challenges multidisciplinary health care teams in the areas of patient safety.

The Med-Peds program at MU utilizes a one-of-a-kind didactic curriculum for its residents. The "Seamless Core Curriculum," created in July 2005, is Mizzou's own resident-created and sustained education program for Med-Peds trainees. As a part of this program, the Med-Peds residents meet weekly to review valuable journal articles and to examine key Med-Peds practice principles. The Med-Peds residents at MU complete weekly reading assignments from *Med-Study Pediatrics*, *MedStudy Internal Medicine*, and *MKSAP 13*. The residents are also responsible for completing a weekly resident-created "quiz" based on their assigned readings. There is a separate Med-Peds Journal Club held each month where we review important articles concerning key elements to the outpatient management of pediatric and adult care. Med-Peds residents continue to present "Medicine - Pediatrics Problem Conference" each month.

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The Class of 2006

Peter Ackerman

Born: Danville, PA 10/08/1970
Medical School: Jefferson Medical College, Philadelphia, PA
Family: Wife, Beth. Alumnae Director, Stephens College
Kids: Sons, John Patrick (2 yrs) and Eli Daniel (9 mos)
Upon Graduation: Outpatient Med-Peds at a federally subsidized Community Health Center in Tampa, FL

Kim Doan Katrina Nguyen

Born: Binh Tuy, Vietnam 02/22/1974.
Medical School: American University of the Caribbean School of Medicine
Family: One of ten children. Two brothers are Catholic priests
Fiancé: Marconi D. Deladisma, Family practice physician.
Upon Graduation: Pediatric Gastroenterology Fellowship, SUNY Downstate, Brooklyn, NY (July 2006 - June 2009)

Judee Williams

Born: Crystal City, Missouri 12/17/1975
Medical School: University of Missouri, Columbia
Family: Husband, Matthew Gaeta, Adult Gastroenterology Fellow - UMC
Kids: Son, Jackson Thomas (14 mos)
Upon Graduation: Emergency Room Physician, Columbia Regional Hospital, Columbia, MO

M.U. MED-PEDS



LEADING THE WAY...

The mission of the Internal Medicine-Pediatrics Alumni Association at the University of Missouri - Columbia is to support the program's goal of achieving excellence in clinical care, education, and community activism. The association is a means of fostering lifelong intellectual and emotional ties between the program, its graduates, and its advocates through mentorship, outreach, networking, and financial support.

Alumni Spotlight

In each issue of the MU Med–Peds Alumni News we would like to highlight an alum. Our first “Alumni Spotlight” segment is proud to highlight MU’s first Med-Peds graduate.

Eleven questions to reconnect with ... **Melissa Kouba, M.D.**

1. **Place of Birth:** Billings, Montana
2. **Undergraduate degree:** BA in Biology and English
3. **Medical School:** University of Missouri, Columbia.
4. **Residency Training / Year of Graduation:** Internal Medicine and Pediatrics, University of Missouri, Columbia. 2001.
5. **Current home town:** Columbia, MO.
6. **Family:**
 - a. Husband, Joe. Liturgist and music director at Newman Center in Columbia.
 - b. Daughter, Katrina. Graphic artist and productions director at Academic Support Services at M.U.).
 - c. Son, Ben. College student. Talented musician. To be married in May.
 - d. Son, Peter. 6th grader at Smithton Middle School. A great saxophonist.
7. **Current position(s) held in medicine:**
 - a. Director of the Medicine and Pediatrics consultation and admitting services at Rusk Rehabilitation Center in Columbia, MO. Rusk is a jointly operated facility between Health South and the University of Missouri.
 - b. Director of the ABG lab at Rusk.
 - c. Director of the newly created Adult Cystic Fibrosis Program at the University of Missouri.
8. **Favorite memories about being a resident at MU:** Medicine call with Rob Gorman; A food poisoning episode in pediatrics
9. **Greatest influence in medicine:** Dr Judy Miles and her example of comprehensive care and compassionate service to those families both in times of crisis and day-to day coping.
10. **Important M.U. Mentors:** Dr Miles, Dr. Nitan Patel, Dr. Joe Tobias, Dr. Sara Veissman, Dr. Everett, Dr. Darcy Follenlogen, Dr. Sarah Walker.
11. **What I wish I knew then:** The one thing I wish I knew then that I know now is... It is very important to establish communication and relationships with people in many other disciplines of medicine. No one can practice medicine without boundaries, the edge of your area of expertise always seems to come up quickly and you must be able to find others to help with the things that you do not do or know about. Many of the people who can help are not physicians. There is a vast array of assistance we can tap into. And the multidisciplinary approach works!

We Need Your Help

You may be asking yourself, “With all the progress made in eight short years, why do we need an Alumni Association?” There is unlimited potential for MU Med – Peds, and you made this possible. But, there are still great challenges to face and a lot of great work that can be done.

Please consider how you can help the Med–Peds Residency Program at the University of Missouri. We have a “Continuous Core Curriculum” of reading that includes weekly reviews of key journal articles as well as assigned readings from *MedStudy Pediatrics*, *MedStudy Internal Medicine*, and *MKSAP*. Each resident is asked to purchase these materials with their own money. Book money will be shorter than ever this coming academic year, as Internal Medicine will stop providing these funds in 2006–07. Your financial support can help support our Core Curriculum.

Over the past year, three current Med–Peds residents were honored with national awards of recognition. Katrina Nguyen, M.D. ('06) was awarded a federal CATCH grant by the American Academy of Pediatrics for her work with underserved youth in Columbia, MO, Rusty McCulloh, M.D. ('09) was awarded first place in the prestigious Clarion Competition for his work on improving patient safety, and Pete Ackerman, M.D. ('06) was awarded the Walter Tunnessen Award, awarded annually by the Med–Peds Program Directors Association to the one fourth-year Med-Peds resident in the nation who best demonstrates the qualities of excellence in education, clinical care, and child advocacy. Your financial support is valuable to enabling M.U. Med–Peds residents, like these, to attend national conferences and to display their research projects.

The Med–Peds residents at M.U. are interested in having graduates come back to Columbia on a regular basis to discuss life after training. Jay Moore, M.D. ('04) came back this year to give a noon conference on “Med–Peds Board Preparation.” The lecture was very well received and continues to be well referenced. It was great to have Dr. Moore back. We would appreciate your time and mentorship of current MU Med–Peds residents. Please consider offering a noon conference or a Grand Rounds on your own practice experience.

We are a small residency program that has been in existence for fewer than ten years. While the Med–Peds faculty numbers are growing, we are still looking for mentors of the current residents. Please consider how you or your practice could mentor an MU Med–Peds resident. This next academic year, Rob Gorman, M.D. ('03) will host Nikola Bartulica, D.O. ('07) for an outpatient month in Dr. Gorman’s Med–Peds Clinic in St. Joseph, MO.



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The current group of MU Med - Peds residents is very proud of its commitment to community outreach. In 2005, Med-Peds resident Katrina Nguyen, M.D. ('06), was awarded a federal "CATCH" (Community Access to Child Health) grant from the American Academy of Pediatrics to support her work in identifying the health care needs of underserved children and adolescents of Columbia. The work involves providing free health screenings to children, filling out an expedited Medicaid application, and referral to appropriate medical providers. Current MU Med-Peds residents also serve on the Advisory Committee for Mid-Missouri Head Start., and act as mentors to area youth interested in careers in health professions. In the fall, we plan to begin performing EPSDT exams in the schools for underserved adolescents.

You established a culture of leadership at MU that continues to thrive today. The current Med-Peds residents take leadership seriously and are encouraged to get involved. Three of the last four Presidents of the House Staff Organization at Mizzou are Med-Peds residents. This year the HSO President and 2/3 of the House Staff Council are Med-Peds trainees. Routinely, Med-Peds residents at MU are chosen to serve as Chief Residents for the Departments of Pediatrics and Medicine. This academic year two of the four Pediatrics Chiefs were Med-Peds residents. A separate position of Med-Peds Chief is now in its second year of existence. It is a year-long commitment to serve as advocate and support person for Med-Peds residents.

You were among the founders of this program and we want you to know that your good works continue to pay big dividends for the University Hospital, the medical school, and the citizens of Mid-Missouri. You were among a very special group of residents that quickly established a proud tradition of MU Med-Peds residents providing exceptional patient care and leadership. We, the current Med-Peds residents at the University of Missouri, thank you for your vision, your hard work, and your dedication in building this program.

Your residency program now enjoys a dedicated program director, Robert Lancey, M.D., and four full-time faculty members, including three MU grads - Melissa Kouba, M.D.('01), Carla Dyer, M.D.('02), and Rashmi Srivastava, M.D.('03). We have a University-recognized and fully funded student interest group. We have two integrated resident positions. And now we have an Alumni Association.

Thank you for all you have done and continue to do for MU, Med - Peds and our program.

Sincerely,

Pete Ackerman ('06)

Donations:

Our Pledge Goal for the academic year (2006 - 07) is \$800.

Please send your tax-deductible donations to:
University of Missouri Hospital and Clinics
Department of Child Health
Health Sciences Center Rm. N-608
Columbia, MO 65212
Attn: Sean Siebert

Checks can be made out to "Med - Peds Alumni Association Gift Account"

You will receive a receipt for your records

We want to hear from you

We would like to reconnect with you and so do your classmates. Send us the following information so we can highlight you in an upcoming newsletter.

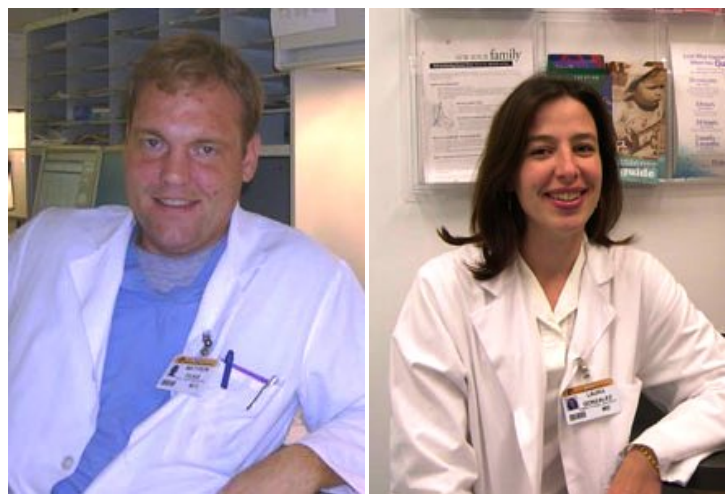
Please send information via e-mail to Penny Adams-Kraus (AdamsKrausP@health.missouri.edu)
RE: "Alumni Association".

Place of Birth:
Undergraduate School/Degree:
Medical School:
Year of graduation from M.U. Med-Peds:
Current hometown:
Family (spouse, children):
Current position(s) held in medicine:
Favorite memories about being a resident at M.U.:
Greatest influence in medicine:
Important M.U. Mentor(s):
What I wish I knew during my residency training:

Our New Chiefs

Matt Fickie

Laura Gonzalez



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LEADING THE WAY...